



starters

Locally Grown Wild Mushrooms

£4.95 garlic and herb cream,
Artisan bread (GF available)

Homemade Soup of the day £4.95
and Artisan Bread (GF available)

Black Pudding

£6.10
Cumbrian back bacon and local
free-range poached egg,
peppercorn sauce (GF available)

Cumbrian Goats Cheese

£5.95
beetroot & walnut salad,
balsamic glaze (GF available)

Beetroot and Charcoal Panko dusted King Prawns

£6.25
with sweet chilli dip

Mussels

£6.95
cooked in garlic
and white wine
with artisan bread (GF available)

Sunday Roasts

served 12-4pm
every Sunday

All roasts are served with roast potatoes, mashed potatoes, carrot and swede mash,
cauliflower cheese, seasonal greens, Yorkshire Puddings and rich pan gravy

1 Course £9.95 2 Courses £11.95 3 Courses £14.00

Roast Shoulder of Lamb Roast Silverside of Beef Roast Turkey Crown

Roast Celeriac Steak with roasts, vegetables and vegetarian gravy

your favourites

Somerset Pork

pork fillet cooked in grain mustard
cream sauce, vegetables and
leek mash £12.50

½ Roast Chicken

served with chips, dressed leaves, spicy
slaw and a choice of BBQ sauce or
Garlic Mayonnaise £12.00 **GF**

Chicken Schnitzel

with salad, fries and choice of
sauce- creamy garlic mushroom,
peppercorn, gravy, BBQ or Mr Vikki's
Hot Stuff £12.50 **GF**

Chilli Beef or Vegetable Enchiladas

slaw and sweet potato fries £11.95 **X**

Vegetable Moussaka

salad and garlic bread £11.95 **GF, X**

Onion and Garlic Potato Rosti

spinach, poached egg and grain
mustard sauce £10.95 **X**

Award Winning Cumberland Sausage

creamed mashed potato,
buttered greens, onion gravy
or with egg, chips peas and
onion rings £10.95 **GF**

GF=Gluten Free Available

Today's Home Baked Pies

vegetables, chips and rich
pan gravy £10.25 **X**

Wholetail Whitby Scampi

salad, garden peas, homemade
tartare sauce and chips £12.25 **X**

Hand Battered Haddock

salad, mushy peas, homemade
tartare sauce and chips £11.45 **X**

Homemade Lasagne

with salad and garlic bread £10.50 **X**

Roast of the Day

roast potatoes, creamed mash,
vegetables, Yorkshire puddings,
pan gravy £9.95 **GF**

Fresh Market Fish

served with wilted spinach, new
potatoes, lemon butter. See Board for
Market Price **GF**

Braised Shoulder of Lamb

Dauphinoise potato, greens,
rosemary gravy £14.00 **GF**

nibble & share

(not available Sunday Lunch)

Nachos – jalapenos, mozzarella,
guacamole, sour cream and
tomato salsa

starter for 1 £4.95 or
sharer for 2 £11.95

*Add pulled pork or Chilli beef
for £2*

Seafood Platter

£15.95
Assorted Prawns, Salt and Pepper
Squid, Crab Balls and Scampi
accompanied with sweet potato
fries, a selection of Hawkshead
chutneys and relish

Cheese Sharer £15.95 Individual
deep-fried Breadcrumbed Camembert,
Brie,

mozzarella sticks, jalapeno
peppers accompanied with sweet
potato fries, a selection of
Hawkshead award winning jams
and chutneys

**X= Available as smaller portion,
price reduced by £2.00**

sides

Hand Cut Chips £2

Sweet Potato Fries £2

Skinny Fries £2

Coleslaw £2

Onion Rings £2

Side Salad £2.95

Side of Veg £2.95

Garlic Bread £2.50

www.thegallopinghorse.co.uk



Galloping Horse

contactus@thegallopinghorse.co.uk

Galloping Horse and the logo is a registered trademark of Galloping Horse Limited

pizzas

(available daily from 5pm)

Build your own pizza-

Margherita base

9" £8.25 12" £9.95

Toppings (choose any three for £2.00) and add as many additional toppings for 75p each

Pepperoni, chorizo, Cajun chicken, pineapple, ham, mushrooms, salami, Cumberland sausage, roasted vegetables, goats' cheese, chilli, king prawns, smoked salmon

Chefs Special

9" 11.95 12" £13.95

Garlic Bread Pizza

9" 5.95 12" £7.95

Add Mr Vikki's "hot stuff" chilli sauce to any pizza for only 50p

Sauces all £2.50

Peppercorn, Diane, Red wine, Garlic mushroom, Stilton

Desserts All £5.95

Homemade Sticky Toffee Puddings toffee sauce and English Lakes ice cream

Baileys Bread and Butter Pudding, English Lakes ice cream and cream

Homemade Cheesecake with chocolate truffles

Lemon Tart

plum & damson sorbet

Crème Brule

Shortbread biscuits

Gluten Free options available on request

create your burger (not available Sunday lunch)

Our beef steaks are 28 day matured and sourced from Cumbrian farms, all served with twice-cooked chips, brioche bun, home-made onion rings, dressed leaves

Choose your burger-

8oz 100% Lakeland Steak Burger £10.50 (double up for only £2) **GF**

Chicken Fillet £11.50 **GF**

Vegetable Burger £9.95 **GF**

Fish Fillet Burger £9.95

Celeriac Steak Burger £9.50 **GF**

Choose your two toppings: Monterey Jack Cheese, Mozzarella, Tomato Salsa, Barbeque Sauce, Mr Vikki's Hot Sauce, Sauté Onions, Pickled gherkin, mayonnaise, pepperoni, back bacon

Add any additional toppings for only 50p

steaks (not available Sunday lunch)

(see board for today's) prime cuts all served with roast tomatoes, onion rings, field mushrooms, garlic butter & chips

Add *Wholesale Whitby Scampi* for £4.95

10oz Rib Eye £15.95 **GF**

10oz Sirloin £16.95 **GF**

12oz Gammon Steak, free range fried egg, chips, garden peas and pineapple £11.95 **GF**

lunch menu

Served Monday- Friday 12-2pm, Saturday 12-5pm

Sandwiches- all served on Artisan Bread with chips and salad

Cumbrian Ham, egg and red onion marmalade £7 **GF**

B.L.T- Local dry cured bacon, lettuce, vine tomato, honey and mustard dressing £7 **GF**

Hot Roast Beef- caramelised onions, leaves, horseradish £7 **GF**

British Mature Cheddar, spiced chutney £6 (add ham £1) **GF**

Beer battered Fish, homemade tartare, lettuce £6

Goats Cheese, Vine tomato and relish £6 **GF**

Cumberland Sausage, red onion marmalade £7 **GF**

Salads

Mixed Meat Salad, dressed leaves, boiled eggs, artisan bread and Hawkshead Chutney £11 **GF, X**

Ploughman's Lunch £12 **GF, X**

Panko Coated Prawns, leaves, lemon mayonnaise, Artisan bread £14

Jacket Potato (various fillings available) £6.95 **GF, X**

British Mature Cheddar and Red Onion Omelette with leaves £7.95 (add ham £1) **GF**