

Menu

*We would like to thank you so much
for your valued custom*



THE
GALLOPING
HORSE®

ALWAYS AMONG FRIENDS

Starters

all starters can be adapted for
gluten-free

Homemade Vegetable Soup
bloomer bread and butter £5.25

Black Pudding Stack
bacon, free range poached egg,
peppercorn sauce £6.25

Grilled Goats Cheese
cherry tomatoes, dressed salad and
balsamic glaze £6.25

**Haddock, Chorizo and Mature
Cheddar Fishcake** £6.25

We are happy...

to discuss individual dietary
requirements, intolerances, allergies (gf,
dairy-free etc). Most dishes can be
adapted, though this may alter them
from the menu description.

Please speak to a member of staff who
will be pleased to advise you.

Lunch Options

Please ask a member of staff for
today's Sandwiches and Jacket
Potato fillings
(Served Wed-Sat 12-2pm)

Main Courses

**Homemade Steak & Ale or
Cheese & Onion Slab Pie**
twice cooked chips, broccoli,
honey-glazed carrots, gravy
£11.95

Chicken Schnitzel
Breadcrumbs breast of
chicken with tiger fries, salad
and a choice of peppercorn
or garlic mushroom sauce (gf
available) £11.95

Ale Battered Haddock
twice cooked chips, mushy
peas, tartare sauce £12.50

**8oz 100% Steak Burger or
Chicken Breast Burger**
brioche bun, beer-battered
onion rings, dressed leaves,
twice cooked chips (gf
available) £11.50

**W Lindsay and Sons,
Cockermouth Cumberland
Sausage**
black pudding mash,
broccoli, honey-glazed
carrots, gravy (gf available)
£11.95

10oz Sirloin Steak
roast tomatoes, onion rings,
mushrooms and twice
cooked chips (gf available)
£19.95

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Mushroom Arancini
crispy mushroom and risotto
balls, seaweed, parmesan
sauce, garlic ciabatta £10.95

**Extra Large Wholetail
Whitby Scampi**
twice cooked chips, peas,
tartare sauce £12.50

Classic Beef Lasagne
dressed salad, garlic ciabatta
£11.25

Vegetable Mousakka
dressed leaves, garlic
ciabatta £10.95

12oz Gammon Steak
Free range fried egg, twice
cooked chips and garden
peas (gf available) £12.95

Desserts £5.95

Sticky Toffee Pudding, toffee sauce,
vanilla ice cream

Chocolate Brownie, vanilla ice
cream

Cheesecake of the Day

Lemon Posset, shortbread

*Please ask for today's gluten-free
dessert choices*

Nachos £5.95

topped with chilli and cheese OR
BBQ, bacon and cheese

Twice-cooked chips £2.95

Beer-battered onion rings £2.95

Halloumi fries and dip £5.95

Bar Snacks & Sides

Bowl of mash £2.95

Creamy coleslaw £1.50

Garlic bread £3.95

Side of vegetables £2.95

Side salad £2.95

Dirty Fries £5.95

Sweet potato fries topped with a choice of:
chilli and cheese OR BBQ, bacon and cheese

Hand-battered Chicken Goujons £6.95

Steak Sauces all £2.95

(peppercorn, garlic mushroom, red wine, diane)

